



RHEUMATOLOGY · OSTEOPOROSIS & INFUSION CENTERS  
PHONE (757) 491-7359 · FAX (757) 491-9359

GARY R. SIEGEL, M.D., F.A.C.R.  
MICHAEL R. CANNON, M.D., F.A.C.R.  
SALLY CLARK, FNP-C

TATIANA KECK, M.D., F.A.C.R.  
JANICE SHERWOOD, M.D., F.A.C.R.  
FREDILYNN LANSANGAN, FNP-C

Name: \_\_\_\_\_ Referring Doctor: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Primary Doctor of Care: \_\_\_\_\_

Sex: \_\_\_\_\_ Race: \_\_\_\_\_ SSN: XXX-XX-\_\_\_\_\_

Have you ever had a bone density study before?  Yes  No  
Was it within 2 years?  Yes  No

What was your maximum height? \_\_\_\_\_ ft. \_\_\_\_\_ in.

What is your weight? \_\_\_\_\_ lbs.

Are you pregnant or do you suspect that you are pregnant?  Yes  No

Have you been diagnosed with osteoporosis?  Yes  No

Has anyone in your family ever fractured a hip?  Yes  No  
(If yes) Who? \_\_\_\_\_

Have you had a fracture?  Yes  No  
(If yes) Date of fracture? \_\_\_\_\_  
(If yes) What was fractured? \_\_\_\_\_

Have you had surgery on your back?  Yes  No

Have you had surgery on your hip?  Yes  No

Have you had surgery on your abdomen?  Yes  No

Do you have metal implants?  Yes  No  
(If yes) Where? \_\_\_\_\_

Have you ever been a smoker?  Yes  No  
(If yes) How many packs per day? \_\_\_\_\_

(If yes) Have you quit smoking?  Yes  No

How many caffeinated drinks do you drink per day?  
\_\_\_\_\_



RHEUMATOLOGY · OSTEOPOROSIS & INFUSION CENTERS  
PHONE (757) 491-7359 · FAX (757) 491-9359

GARY R. SIEGEL, M.D., F.A.C.R.  
MICHAEL R. CANNON, M.D., F.A.C.R.  
SALLY CLARK, FNP-C

TATIANA KECK, M.D., F.A.C.R.  
JANICE SHERWOOD, M.D., F.A.C.R.  
FREDILYNN LANSANGAN, FNP-C

- Have you reached menopause?  Yes  No  
(If yes) At what age? \_\_\_\_\_
- Have you had a hysterectomy?  Yes  No  
(If yes) Date? \_\_\_\_\_
- Have both of your ovaries been removed?  Yes  No  
(If yes) Date? \_\_\_\_\_
- Have you ever taken birth control pills?  Yes  No  
(If yes) How long? \_\_\_\_\_
- Do you exercise regularly?  Yes  No  
How many days per week? \_\_\_\_\_  
How long per day? \_\_\_\_\_
- Have you ever used steroid drugs?  Yes  No  
(If yes) How long? \_\_\_\_\_
- Have you ever used any inhaled steroids?  Yes  No  
(If yes) What kind of inhaler? \_\_\_\_\_  
(If yes) How long? \_\_\_\_\_
- Have you ever taken thyroid medications?  Yes  No  
(If yes) Which medication? \_\_\_\_\_  
(If yes) How long? \_\_\_\_\_
- Are you allergic to any medications?  Yes  No  
(If yes) What? \_\_\_\_\_
- Have you ever been diagnosed with hyperparathyroidism?  Yes  No
- Do you have an elevated calcium level?  Yes  No

Please list ALL current medication: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_