



RHEUMATOLOGY · OSTEOPOROSIS & INFUSION CENTERS
PHONE (757) 491-7359 · FAX (757) 491-9359

GARY R. SIEGEL, M.D., F.A.C.R.
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JANICE SHERWOOD, M.D., F.A.C.R.
ROOPA ACHURI, PA-C

Name: Referring Doctor:

Date of Birth: Primary Doctor of Care:

Sex: Race: SSN: XXX-XX-

Have you ever had a bone density study before?
Was it within 2 years?

What was your maximum height? ft. in.

What is your weight? lbs.

Are you pregnant or do you suspect that you are pregnant?

Have you been diagnosed with osteoporosis?

Has anyone in your family ever fractured a hip?
(If yes) Who?

Have you had a fracture?
(If yes) Date of fracture?
(If yes) What was fractured?

Have you had surgery on your back?

Have you had surgery on your hip?

Have you had surgery on your abdomen?

Do you have metal implants?
(If yes) Where?

Have you ever been a smoker?
(If yes) How many packs per day?

(If yes) Have you quit smoking?

How many caffeinated drinks do you drink per day?



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Have you reached menopause? Yes No
(If yes) At what age? _____

Have you had a hysterectomy? Yes No
(If yes) Date? _____

Have both of your ovaries been removed? Yes No
(If yes) Date? _____

Have you ever taken birth control pills? Yes No
(If yes) How long? _____

Do you exercise regularly? Yes No
How many days per week? _____
How long per day? _____

Have you ever used steroid drugs? Yes No
(If yes) How long? _____

Have you ever used any inhaled steroids? Yes No
(If yes) What kind of inhaler? _____
(If yes) How long? _____

Have you ever taken thyroid medications? Yes No
(If yes) Which medication? _____
(If yes) How long? _____

Are you allergic to any medications? Yes No
(If yes) What? _____

Have you ever been diagnosed with hyperparathyroidism? Yes No

Do you have an elevated calcium level? Yes No

Please list ALL current medication: _____

